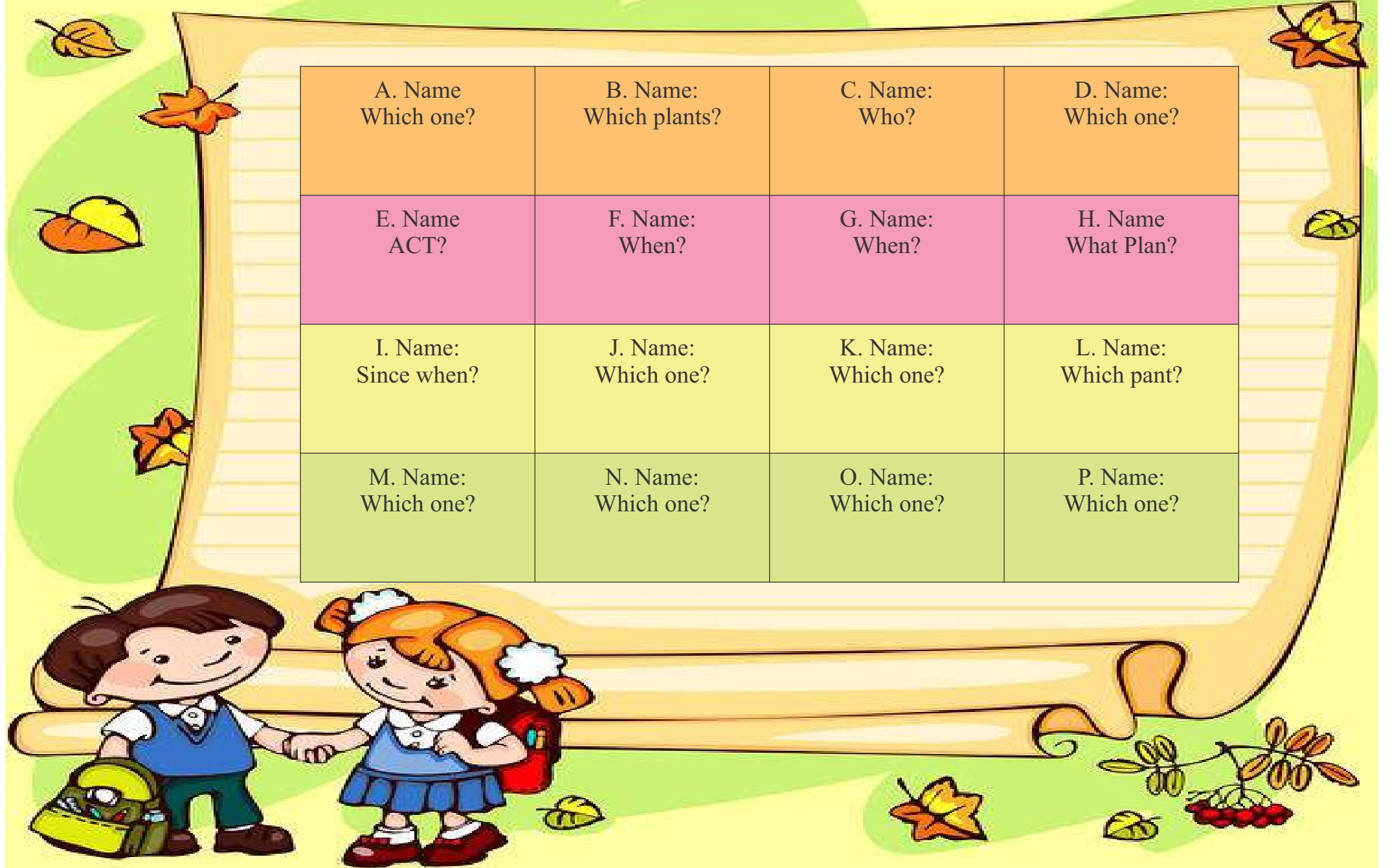


# “EC” Game (Environment or Eco- Citizen)

Environment, health and traditional knowledge and practices

## Questions:

- A. Has visited a garden /park in the last month. Which one?
- B. Knows the names of atleast 5 plants in your neighbourhood. What are plant names?
- C. Any one in the team who avoids use of genetically modified food crops at home. Who?
- D. He/she is a volunteer for an environmental group in Bangalore, who does campaign to save environment, promotes healthy living, save bio-diversity. Which one?
- E. Is aware of India's steps to protect Bio-diversity. Which act ?
- F. Uses mostly eco-friendly products. Since when?
- G. Walks to work/school or travels in a car pool or by public transport. Since when?
- H. Has a herbal garden at home. Uses them for health care. What plants?
- I. Does not consume much of processed/ preserved foodstuff /packaged products, soft drinks etc. Since when?
- J. Aware of a most popular kitchen spice used for cuts and wounds in every home. Which one?
- K. Is aware of advantages of traditional life style practices? Which one?
- L. In Karnataka, Ugadi festival has a special recipe made out of a plant? Which plant?
- M. Can name a local environmental issue that affects him/her health directly. Which one?
- N. Practices home remedies for health care in their home. Which one?
- O. Knows grandma recipe, that is really refreshing and effective to beat the summer heat. Which one?
- P. Can name a global environmental problem that affects him/her directly. Which one?



A. Name Which one?	B. Name: Which plants?	C. Name: Who?	D. Name: Which one?
E. Name ACT?	F. Name: When?	G. Name: When?	H. Name What Plan?
I. Name: Since when?	J. Name: Which one?	K. Name: Which one?	L. Name: Which pant?
M. Name: Which one?	N. Name: Which one?	O. Name: Which one?	P. Name: Which one?