

**A Catalogue of  
Educational Materials on**

# **Indian Systems of Medicine & Medicinal Plants**



पुरुषोऽयं लोकसम्मितः

**Developed by**  
**Institute for Ayurveda and Integrative Medicine (IAIM)**  
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SOUROR OF LIFE

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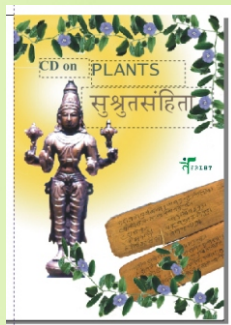


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# CD ROM on PLANT IN SUSRUTA SAMHITA

The prevailing versions of Susruta Samhita have experienced multiple transformations and redactions by different scholars from time to time over the last few centuries. The original founder of the tradition was Divodasa Dhanvantari. On ascertaining the date of Divodasa & Susruta from the available data, one may presume that they flourished during 1500 BC-1000 BC. Nagarjuna (4th -5th century AD) is considered to be the redactor of Susruta Samhita.



This CD-ROM brings together comprehensive information of 775 plant drugs which are correlated to 1078 distinct botanical names including the synonyms. The information is supported by 9676 citations from the text, which correspond to 1856 distinct Sanskrita names, of which identity of 119 has not been established.

This CD-ROM also offers detailed clinical data including the descriptive plant information for 528 species along with about 1300 plant images and pharmacological information for select plants.

Detailed help file on Susruta samhita explaining various classifications of plants, and a commentary by Dalhana on plant identity is also provided in the CD-ROM.

The CD-ROM has a special feature in respect of the names of the plants under consideration. All the Sanskrit names of the Plants are classified under specific basonyms which are further linked to their respective synonyms, with the help of different color tags for easy understanding. Wherever, the botanical identity of the plant names is either “Controversial” or “Doubtful”, such names are further indicated as C or D, thereby denoting the clarity about their identity. The botanical correlation of the Sanskrit names has been supplemented with respective reference citations from the different source books.

This CD-ROM has been prepared under centre of excellence programme of MoEF, Govt.of India, New Delhi.

**Releasing soon**

SUSRUTA SAMHITA Rs.300/-

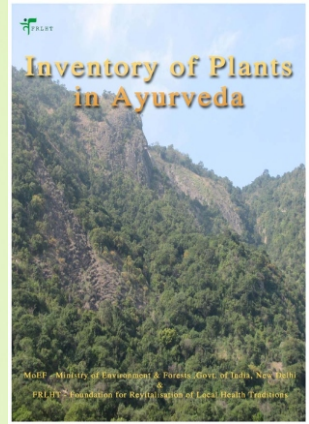
**CD ROM on**

# **INVENTORY OF PLANTS IN AYURVEDA**

It incorporates only those plant names in Sanskrit which have been clearly correlated to at least one valid botanical name as per the scholarly interpretations of experts in the field of Ayurveda and Botany.

Important Botanical synonyms have been incorporated just below the concerned accepted botanical name, in a separate window.

Selection of a Sanskrit name against each accepted botanical name, for incorporation in the inventory list, is based on the criteria of popular usage.



Items listed in blue colour pertain to the plant entities carrying new Sanskrit names given by experts of Ayurveda in their published works but not finding proper reference in the classical texts (referred above).

Items listed in red colour pertain to the entities which need further study and research in order to clearly establish correlation with specific botanical names.

Items listed in green are either used as substitutes or varieties of the currently used species (which are in black colour).

This colour scheme can be altered based on inputs from the experts.

This list does not include such Sanskrit plant names which have not been correlated to specific botanical name/s. Botanical correlations of some Sanskrit names are suggestive and not confirmed by the authors.

Around 2,00,000 records which contain detailed bibliography references of plant names compiled from 20 Ayurvedic classical texts as well as large number of Sanskrit synonyms are available in the in this CD.

**Releasing soon**

INVENTORY OF PLANTS IN AYURVEDA Rs.300/-

# CD ROM on PLANTS IN ASTANGA SAMGRAHA

This CD on Plants in Astanga samgraha is a pioneering work of IAIM team under the Centre of excellence programme of MoEF.

This contain comprehensive information for 910 plant drugs correlated to 755 botanical species. This has 1614 distinct plant names in Sanskrit comprising references in 20,000 records. Each reference has detailed clinical data.

Approximately 1400 plant images has been provided in this CD for easy identification of the correlated species. All the 1614 plant names are classified under a basonym (main name) and its synonyms, with detailed clinical data linked to it. A data export facility is given for taking prints related to this section for easy reference. The menu section of list of Sanskrit names has used Diacritical marks, so that errors can be minimized while pronouncing the Sanskrit names.



The botanical identity of the plant names (Sanskrit) is listed in priority thereby denoting the commonly used botanical name appear first and its other suggested correlations later in the corresponding box.

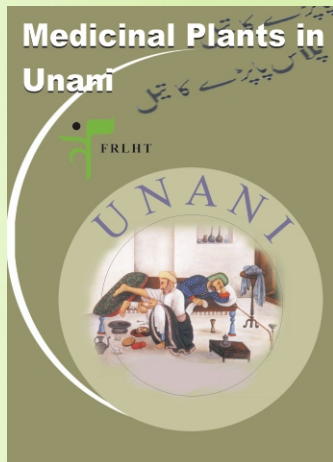
The botanical correlation of the Sanskrit names have been supplemented with respective reference citations from the different source books and the correlated Sanskrit names with its synonyms. Status of the botanical correlations is marked as “Identified”, “Controversial”, “Doubtful” or “Probable” and “Unidentified”.

A search facility provided in the Sanskrit name section has increased user orientation to a great extent and increased the flexibility of the package.

**Releasing soon**

# CD ROM on MEDICINAL PLANTS IN UNANI SYSTEM OF MEDICINE

This CD contains information on 307 plants (including the 275 plants recommended for BUMS curriculum) in Unani system of medicine. Five text of Unani medicine have been used for this literary research. A total of 380 plants have been identified as sources of Unani medicine, from these texts. It is estimated that there are around 500 plant entities in Unani medicine. Five Classical text of Unani medicine have been used for this literary research. The Nomenclature details like Arabic and Urdu name including synonyms and their botanical correlations of the plants are mentioned under the Unani profile part of this CD. This has information of properties and usages of the plants which are listed under the subheading as Main Therapeutic usage, Therapeutic usage, side effects, substitute and antidote of the drug selected. Usage deals with various indications of the selected plant drug and how to process and administer it under various clinical conditions. Information on Substitutes and dosage is also included.



To improve and enhance the identification of specific plant entities 720 digital plant images have been included. The botanical information such as morphology, distribution and propagation methods has also been added. The section on Formulations deals with more than 650 formulations of Unani pharmacopoeia, which are being used, in the industry. The comprehensive search facility provides for querying using Urdu name, botanical name, indications as well as formulation name.

This CD also has a help file which has various important articles related to Unani system of medicine. Selected portions of the Urdu script contents, of the classical texts, have been included for authenticity and incorporated in this help file under Scripts -Urdu Scripts. An inventory of 380 plants used unani has been linked to its vernacular names and incorporated in this help file.

# CD ROM on MEDICINAL PLANTS IN SIDDHA SYSTEM OF MEDICINE

This CD contains 33,350 Tamil names of plants recorded in 26 well known texts pertaining to the Siddha system of medicine. These Tamil names have been correlated to 1600 botanical entities. The nomenclature section also incorporates correlation of these plant species with around 66,000 vernacular names in different Indian languages.

Detailed information has been compiled and incorporated for 500 plants recommended for BSMS curriculum of Siddha system. This includes Tamil reference slokas / padals explaining the properties and usages of plants, Simple remedies, and formulation information.

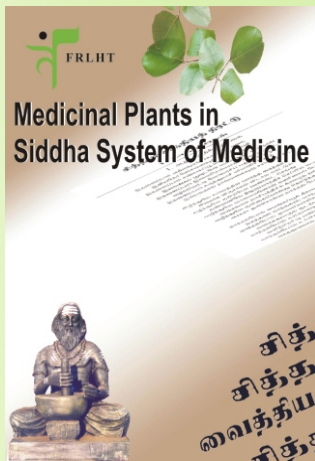
Detailed information on 1000 compound formulations incorporated in this CD includes

Tamil scripts / padals from the classical texts. Interpretation on preparation and usage of these formulations is also given for easy understanding.

The section relating to the botanical information covers a range of data which includes around 1000 digital images of plants, their botanical descriptions as well as propagation methods, geographical distribution and pharmacology data of species, for which such data is available. The CD includes a common help file, which contains important articles related to Siddha system and a dictionary on Tamil technical terms used in this CD. There is also a detailed section on pharmaceutical standards.

An inventory of 1450 plant entities used in Siddha is incorporated in this help file with its botanical correlations.

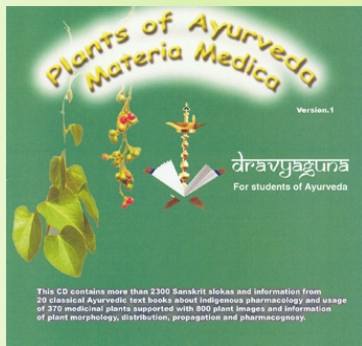
The Bi-lingual (Tamil and English) browsing facility is an added advantage for facilitating the reach and query. This comprehensive CD is recommended for use by the students, teachers, practitioners and researchers of Siddha system of medicine.



# CD ROM on PLANTS IN AYURVEDA

“Dravya guna shastra” or Ayurvedic materia medica on plants is the complete science on pharmacognosy of the plants used in our Indian medical heritage.

This CD contains comprehensive information about 370 plants recommended for BAMS syllabus. It includes around 2300 Sanskrit slokas with their translation in English. It contains 800 plant images, botanical correlation of Sanskrit names based on accepted studies and current understanding.



This CD on plants of Ayurveda follows the classical method of understanding medicinal plants viz., Namagyana, which is the knowledge about plant Nomenclature, Rupa-gyana - the knowledge of medicinal plant Identification and Guna-gyana, which is knowledge of its properties and usages.

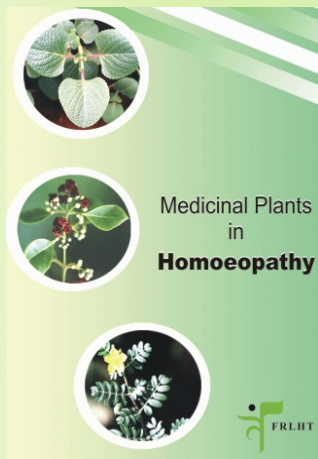


Data on pharmacognosy, distribution, morphology and propagation of selected plants is given in detail.

Source of data embedded in this CD are compiled from around 20 Ayurvedic classical sources starting from 1500 BC to 1986 AD. It includes a glossary of around 3000 Sanskrit technical terms and popular articles.

# CD ROM on MEDICINAL PLANTS IN HOMEOPATHY

A thorough review and data compilation from available literature (in India) relating to plants used in Homoeopathy has generated a master list of 550 botanical names. After establishing proper synonym linkages, this number has got reduced to 506 plant species. Each of these 506 species have been analysed for its geographical distribution. This has generated a list of 326 species, which have been identified as “recorded in India”. It incorporates such species, which are wild in India including naturalized ones and/ or cultivated/ planted in India. The materia medica section deals with the effect of 375 plant drugs (263 Indian & 112 exotic) on various body organs including the mind. Data has been derived from more than 23 published works dealing with materia medica of Homoeopathy.



The Homoeopathic pharmacopoeia of India prepared and published by Ministry of Health & Family Welfare describes the standards for preparation of Homoeopathic mother tinctures. This has been incorporated for selected medicines under the HPI section of the CD.

The botanical information such as morphology, geographical distribution and propagation methods have been included along with more than 1000 digital images of plant entities. Pharmacological data wherever available, has been incorporated for selected plant species. The section on plants helps one to browse through those plants (information on 375 prioritized plants (263 Indian & 112 exotic) which are Indian, foreign, wild, cultivated, cultivated or planted or all of them. This CD also has a help file which has popular articles on various subjects of Homoeopathy.

# CD ROM on PLANTS IN CARAKA SAMHITA

Caraka samhita (1500 BC-400 AD) is the oldest available classical text of Ayurveda and even today it forms the foundation for the medical practice of five hundred thousand physicians and students of Indian Systems of medicine.

The presently available text of Caraka Samhita has undergone various changes as found in the history of Indian medicine. Agnivesa, the disciple of Atreya punarvasu wrote the original composition called “Agnivesa Tantra” around 1000 BC from which, in 400 BC Caraka samhita was derived.



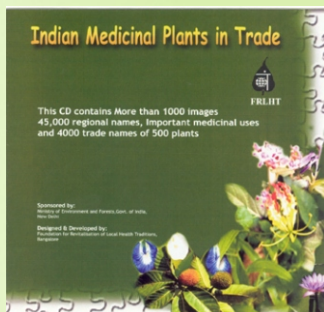
This CD contains three major sections, Namagyana which is the knowledge about plant Nomenclature, Rupa-gyana the knowledge of medicinal plant Identification and Guna-gyana which is knowledge of its properties and Usages. It has complete information of 620 plants derived from 12,870 references of Caraka. 1700 formulations, and 600 plant images. It includes detailed information

on plant classification, botanical information, distribution, morphology, and propagation information on selected plants. Another important features of this CD are bilingual display, a very user-friendly search facility, a detailed glossary of around 3000 Sanskrit words and a common help file on Ayurveda.

# CD ROM on INDIAN MEDICINAL PLANTS IN TRADE

For developing a comprehensive list of plant species which are in trade as plant drugs, a systematic survey of major trading centres dealing in these materials was undertaken by FRLHT. The major markets covered under this study were Delhi, Chennai, Mumbai, Bangalore, Hyderabad, Tuticorin, Kolkata, Amritsar and raw drug markets of Bastar region.

This CD provides detailed information of 500 traded Indian medicinal plants linked to 4000 trade names, 45,000 regional names and important medicinal usages.



## CD on NEIGHBORHOOD MEDICINAL PLANTS OF BANGALORE CITY

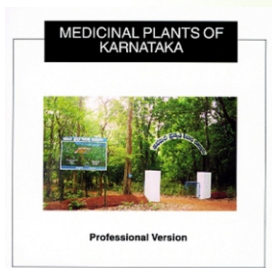
(High school students Version.1 )



This interactive and informative CD stores 270 neighbourhood medicinal plant species. It has collection of 28,481 local names from eight different languages. You can easily find them growing in your home gardens, parks, roads, lakesides, open area, temple etc. This CD is developed based on the field work by the expert botanists, Encyclopedia on Indian Medicinal Plants and reliable scientific publications.

Multiple uses: 300 students and teachers endorse this CD as one of the authentic reference material with plenty of uses. Apply it in your science projects, create database for the schools, establish herbs gardens and much more using the information in the CD.

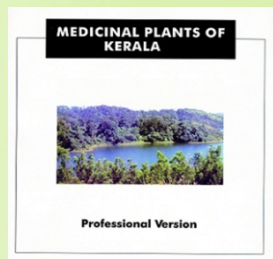
# CD ROM on MEDICINAL PLANTS OF KARNATAKA, KERALA and TAMIL NADU



The information includes details of habit (life form), distribution, images, medical system, botanical names including synonyms and vernacular names (in different languages).

The number of medicinal plants recorded for the state of Karnataka is 1956 out of which, 1698 taxa occur in wild state. The remaining 258 include taxa that are either cultivated or planted in gardens and along roadsides.

1864 medicinal plants species are recorded for the state of Kerala. The analysis of the medicinal plants of Kerala state shows herbaceous flora (863 species) to be dominant, followed by Trees (458), Shrub (269), Climber (234) and Liana (40) along with Red Listed Medicinal Species (64).



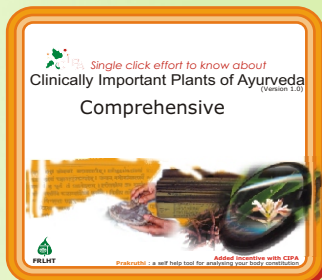
1793 Medicinal plants have been recorded in Tamil Nadu State. Herbs constitutes 45% coverage represented by 822 species. This is followed by trees (25% and 445 species) and shrubs (17% and 305 species). Nearly forty Red Listed Medicinal Species have been recorded in Tamil Nadu State.

“Must-Not-Miss-Material” for the Researchers, Foresters, Educational and Research Institutes engaged in conservation and educational activities.

# CD ROM on CLINICALLY IMPORTANT PLANTS OF AYURVEDA

This CD-ROM is a pioneering effort by FRLHT to bring some of the vast clinical knowledge of selected plants contained in Ayurveda for your easy reference.

The CD-Rom is indeed a veritable storehouse of invaluable information as it features more than 3000 Ayurvedic formulations (medicines) of 50 Clinically Important Medicinal Plants drawn from 7 classical texts of Ayurveda (1500 BC to 1700AD).



# CD ROM on PRAKRUTHI HOW TO ANALYSE YOUR BODY CONSTITUTION



A self-help tool for the analysis of your biological constitution (Prakruthi in Sanskrit literally means the Prime Nature). This helps you to identify your biological constitution, which in turn can help you to select appropriate diet and lifestyle suited to your unique body constitution. It can definitely help you to walk on the path of Swasthya (healthy living)

# ASTANGA-HRDAYA AND ASTANGA-SAMGRAHA



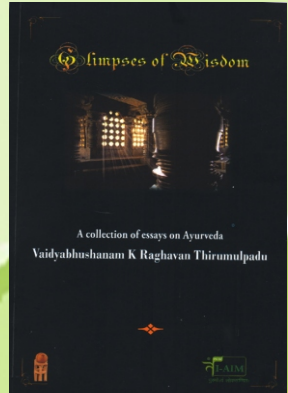
## Unique features:

- ▲ Multilingual E-Book with readability of text in 9 different scripts
- ▲ Easy access to any portion in the two texts
- ▲ Contains more than 2500 pages of Data
- ▲ Textual search facility
- ▲ Easy portability
- ▲ Authentic versions of text available
- ▲ Many other such important features

## GLIMPSES OF ISDOM

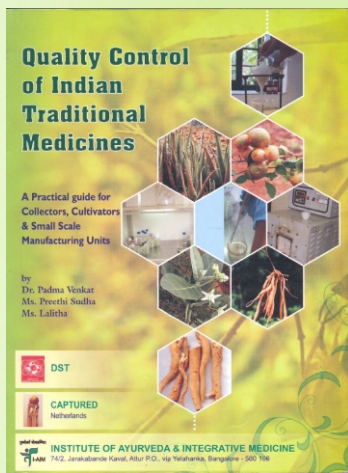
In this book, is presented a collection of the ideas of *Vaidyabhusanam K Raghavan Thirumulpadu* that were culled out from his articles, speeches and interviews given at various times during the last many years. Some were written by him in English, others have been translated.

The book is a must read for students of Ayurveda as it talks about some of the fundamental principles of Ayurveda like *Panchabhuta siddhanta* and *tridosha siddhanta* from a very practical stand point. Apart from that clinicians might find some very informative chapters on the nuances of treatment and the approach of Ayurveda in treating a patient. Some of the chapters like the one on *Rasayana*, *Aids* or *suicide mania* may give valuable insights to practicing clinicians and researchers alike.



# QUALITY CONTROL OF INDIAN TRADITIONAL MEDICINES

There has been a rapid rate of growth in the use of herbal and traditional medicines in recent years. Indian herbal industry has an annual turnover of around Rs. 8000 crores. The Drugs and Cosmetics Act (schedule T, 2000) of AYUSH (Ayurveda, Unani, Siddha, Homeopathy) department, Ministry of Health, Government of India has made it mandatory for any manufacturing industry selling traditional medicines to be certified as a GMP (Good Manufacturing Practices) unit. There are pharmacopoeial standards to which the quality of ingredients and products need to conform. Majority of the traditional medicine manufacturing sector operates at micro and small level. A lot needs to be done to increase the awareness among the target sector about quality control.



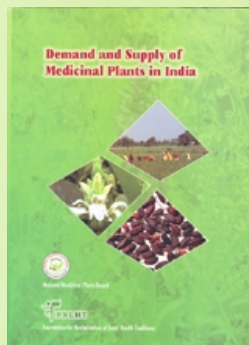
We at CPPP (Centre for Pharmacognosy, Pharmaceutics and Pharmacology), with the support of DST (Department of Science and Technology) have come out with a manual "Quality Control of Indian Traditional Medicines" which is designed to be used as a course material for training programmes of women Self Help Group (SHGs), Community Based Organisations (CBOs), Non- Government Organisations (NGOs) and Small Scale Units (SSUs) in quality control of herbal medicine.

This course material is aimed to introduce SHGs/CBOs/NGOs/SSUs to the importance of Quality Control of traditional medicines and provide them with a simple, user-friendly practical guide to QC techniques"

# DEMAND AND SUPPLY OF MEDICINAL PLANTS IN INDIA

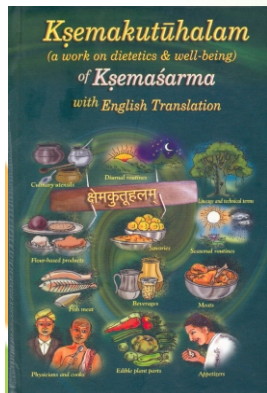
Authors: DK Ved and GS Goraya

The “Demand and Supply of Medicinal Plants in India” is based on a nation-wide study on the consumption and sourcing of medicinal plants. It provides many insights into the dynamics that operate in the field of medicinal plants supply and trade. The publication also provides a check-list of 960 medicinal plant species, which form the source of 1289 botanicals recorded in trade.



## KSEMAKUTUHALAM (A WORK ON DIETETICS & WELL-BEING) OF KSEMASARMA

Editors: GG Gangadharan, Lakshmi Thathachar & Shankar

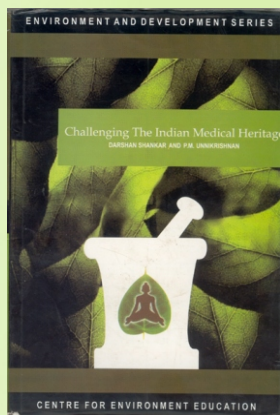


Ksemakutuhalam is a curious 16th century work on Āyurvedic dietetics. Written in Sanskrit by Kñemaçarmā, a royal physician of repute, the work discussed at length about traditional Indian cuisine and its benefits. Spanning across 12 chapters, fancifully named Utsavas, Ksemakutuhalam is capable of evoking the admiration of scholars as well as laymen by the breadth of topics covered and the attention paid to details.

# CHALLENGING THE INDIAN MEDICAL HERITAGE

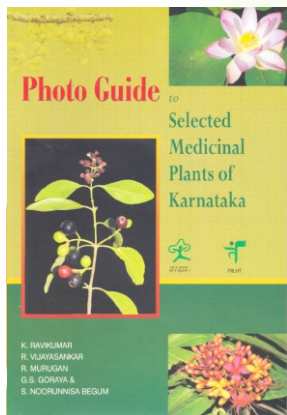
**Darshan Shankar & P M Unnikrishnan (eds.)**

The volume makes an attempt to introduce to the lay reader the time tested medical traditions of India and brings together different insights from the folk traditions of local Healthcare. It has three sections that cover, in interesting episodes, the history and theoretical foundations of Ayurveda, the factors causing the erosion of medical traditions, and their contemporary relevance in the emerging era of medical pluralism.



## PHOTO GUIDE TO SELECTED MEDICINAL PLANTS OF KARNATAKA

**Authors: K Ravikumar, R Vijaysankar, R Murugan, GS Goraya & Noorunnisa Begum**



This copiously illustrated guide deals with 100 widely used common medicinal plants species of the state. Provided for each species in this book are popular names in Kannada, Hindi and English, plant description, distribution, months of flowering and fruiting and information on medicinal uses of various parts of the plant. As the name implies adequate pictures covering key features such as habit, leaves, flowers, fruits, seeds, exudates, roots/tubers etc. are provided to recognize the identity of the species in the field.

# GROW & USE MEDICINAL PLANTS FOR PRIMARY HEALTH CARE

This guide has been specifically prepared for establishing home herbal gardens in and around Bangalore. This guide provides a list of plants/ plant material used for alleviation of various primary ailments along with easy and reliable methods of use of the plants/ plant material. The ailments covered in the guide are limited to minor problems, mild deviations from normal health and those that can be easily diagnosed and self-managed.



This guide along with the suggested plant species forms essential component of the 'green health packages' for home herbal gardens. Since the healing plants in home gardens will provide health security to us, the programme has been named "Amruth HomeGarden" programme. 'Amruth' means 'elixir of life'. The name of the programme also reflects one of the key plants - 'Amrithaballi' - forming part of the 'green health package'.

Even as this Guide is specific to areas in and around Bangalore, the species included in the 'green health package' have a fairly vast range of natural occurrence, and, therefore, it can be used to establish 'Amruth HomeGardens' at other places also. To make this guide more useful in such areas,

species as per local traditions may be added and those unsuitable for those areas may be deleted.

It is hoped that this 'User's Guide' would provide much needed information on use of plants for primary health care and help in re-establishing linkages to our rich medical heritage.

# HERITAGE AMRUTH

*A Magazine for Healthy Living, The Natural Way*

**Heritage Amruth** is a bimonthly. It is based upon the idea and philosophy that there is a design, purpose and use in nature. It believes that there is a profound holistic science underlying our health traditions and that we should build upon our heritage.

Drawing out user-friendly information from the traditional treasure house of health care practices, **Heritage Amruth** presents it in the form of articles and feature stories which address contemporary health care needs. Articles cover healthy diet & lifestyle, growing medicinal plants, home remedies, health care advice, profiles of traditional practitioners, design of herbal gardens and many more. Every issue of **Heritage Amruth** is focused around a specific health care theme thus serving as collectors' delight for reference and sustained use.

Make **Heritage Amruth** your reliable health advisor!



	Individual	Institution	Foreign
1 year	Rs. 240/-	Rs. 400/-	30\$
5 years	Rs. 1000/-	Rs. 1800/-	90\$
12 year	Rs. 2200/-	Rs. 3600/-	-

# Information & Educational material at MCS Price list - 2011

Sl. No.	TITLE	Price in Rs.	Price in US\$
<b>Book/ Booklet/ Field Guide</b>			
1	Grow & Use medicinal plants for Primary Health Care- A guide (Kan & English & Hindi), 2008	75.00	5
2	A User's guide on Ethnoveterinary Health Practices	70.00	5
3	Demand and Supply of Medicinal Plants in India	1250.00	-
4	Kshemakutuhalam	600.00	25\$
5	Photo Guide to Selected Med.plants of Karnataka	170.00	15\$
6	Quality Control of Indian Traditional Medicines ( A practical guide for Collectors, Cultivators & Small scale manufacturing units)	150.00	10\$
7	Proceedings of International Conference on Ethno-Veterinary Practices (Mainstreaming Traditional wisdom on livestock keeping and herbal medicine for sustainable rural livelihood)"	350.00	15\$
8	<b>Glimpses of Wisdom</b>	375.00	20\$
9	Heritage Amruth spl. Issues on Heart, Diabetes, Bones, Geriatrics care	100.00	5
10	"Heritage Amruth spl. Issues on Nutrition, Obesity and Traditional cooking	100.00	5
<b>Poster / Exhibition poster/ Map</b>			
11	Indian Medical Heritage (12 posters) (Eng, Hin, Kan, Mal, Tamil), 2002	<b>720.00</b>	25\$
12	Medicinal Plants (12 posters) (Eng, Hin, Kan, Mal, Tamil), 2002	<b>720.00</b>	25\$
13	Nature's Gene Banks (7 posters) (En, H, Ka, Ma, Ta), 2002	<b>360.00</b>	15\$
14	Set of 10 signage posters (Tam, Mal, Kan), 1996	150.00	--
15	Poster on 'Systems of Ayurveda'	100.00	5\$
<b>Reports</b>			
16	Conservation Assessment & Management Prioritization (CAMP) report – Arunachal Pradesh, Assam, Meghalaya & Sikkim, 2003	100.00	5
17	Conservation Assessment & Management Prioritisation (CAMP) report – Jammu & Kashmir, Himachal Pradesh & Uttaranchal, 2003	100.00	5
18	Conservation Assessment & Management Prioritisation (CAMP) report – Chattisgarh & Madhya Pradesh, 2003	100.00	5
<b>CD ROMS</b>		<b>Price in Inr</b>	<b>Price In US\$</b>
19	Clinically Important plants of Ayurveda (CIPA): 05	250.00	25
20	Data entry module for Documenting LHTs Home remedies, Food and Regimen: ver.-DLHT-1.03	100.00	5
21	Medicinal Plants of Tamil Nadu – ver.-MPTN-1.04	250.00	10
22	Medicinal Plants of Karnataka: ver.- MPKA-1.04	250.00	10
23	Medicinal Plants of Kerala: ver.-MPKL-1.04	250.00	10
24	CD on 'PRAKRUTHI': ver.-PRAK-1.03	100.00	5
25	Plants of Ayurveda- Materia Medica- Dravyaguna: ver.-DRAV-1.05	<b>200.00</b>	<b>20</b>
26	Indian Medicinal plants in Trade: ver.-MPTR-1.05	<b>200.00</b>	20
27	Plants of Caraka Samhita: ver.-CASA-1.05	250.00	20
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