

Workshop on Medicinal Plants and Primary health Care

for Horticulture Students from Bangalore

5th to 16th, Jan 2015



Group photo with Sri Darshan shankarji, Vice-chancellor of TDU.
(participants along with Dr. MNB Nair, Dr.Mahadevan & Dr. Girish kumar)



Medicinal Granules preparation



Ingredients of Triphala powder



Medicated oil preparation, for hair care

Sieving granules – Team work



Medicinal plants identification
Dr.MNB Nair & Suma T.S.



Centre for Education Innovation conducted the workshop for 42 participants [40 differently challenged trainees from APD (Association of People with Disability, a non-government organization, based in Bangalore) and two housewives at FRLHT-TDU campus, Bangalore].

Main aim of the workshop is to create awareness about medicinal plants & empower them with skills for management of Primary health care. They were taught to prepare simple & easy home scale based formulations. Thus enabling them to reduce the usage of antibiotics & other chemical medications for management of PHC.

This workshop was conducted in two batches (5th to 9th & 12 to 16th Jan 2015) and trainees were given hands on experience in preparing various dosage forms of medicinal plants like juice, paste, powder, decoction, medicated oil, tablet, granules, syrup, Ointment, etc. During the training sessions, participants were introduced with usage of more than 40 plants for management of more than 40 primary health conditions by skills in preparing more than 20 preparations.

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