# St. Joseph's College Bangalore Post graduate students and professors Visit to I-AIM, 9th March 2012



16 students and 2 professors visited us for an awareness educational visit, they visited various departments got an over view of what are medicinal plants, here are there opinion and few photographs, CII team thanks all those members from various centre who shared their valuable time explaining their work and sharing their experiences to young mind.

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I still remember buying Tinospora from FRLHT stall and my student was the sales person ten years back. The plant is still growing in my house and the student remember all our staff member in the department sends teachers day greetings every year. I felt bad that I did not visit this place before. Better late than never. I am very happy that serious work is being carried out in this institution. The herbarium, raw drug museum, the informatics department, the pharma laboratories are impressive. The institution and the staff are assets to the nation I can see the dedication in their work. There is sincerity of purpose in everybody I met. Keep it up. If I can be any help to this institution I could be happy to do that.

### Tamilzh seran Associate professor, Dept. of Botany, St. Josephs College

The visit was a revealing one. Came to know a lot more about various medicinal plants (including their cultivation extract of active principles etc.

The herbarium methods adopted at FRLHT was indeed and eye opening and inspiring one. The hospitality extended by suma and team was excellent ad thanks a lot for sparing your valuable time with us. The hospital visit too was a rewarding one-could know something about Pancha-karma way of Ayurvedic treatment

Could see living medicinal plants-so many of them under one roof, and awesome feeling it created in me

Wish the institute All the Best in all its present and future programmes!

#### Dr. Haridasan V.K

Associate professor, Botany Dept, St Joseph's College Bangalore -27

This was a very interactive session. We acquired a lot of exposure about the Ayurvedic methods, Plants is use, and its important. It was very helpful. But one thing that I would like to highlight is a little more exposure into the techniques in detail along with some demonstration. Taxonomy details provided by Dr. Ravi was very interesting and very inspiring.

I am definitely carrying a lot of inspiration from her.

I would like to thank all the members of this institution that they took time from their busy schedule to give us all the information. I would also like to that suma for her kindness and effort took to lead us

Thank you

Sangeetha.D, St. Joseph's College, Bangalore

**Opinion** 

It was a successful day for me, when r I came here, my thought of medicinal plants and the property is different. But once I came here, I knew about what exactly are Medicinal plants and what are the importance. I like the First session taken by B.S. Somashekhar, then Taxonomy, also herbarium...

For me I can tell it was the wornderful day in my life. I would like to thank you all the members of the institution that they took time from their busy schedule to give us all the information.

Rakhi, St. Joseph's College, Bangalore.

The session was very interesting and knowledgable. The brief information of medicinal plants was interactive. I helped us to a great extent in knowing what really are medicinal plants. The herbarium techniques though was also very informative and we could learn so many things which we are not aware of. I personally felt that little more time should have been spent in the herbarium. The instrument which we studies only theoretically were shown to us in lab, which will help us in future. Hospitality in FRLHT was nice. I would like to thank the faculty for arranging such nice educational trip.

The visit to I-AIM was a successful one... we came to know more about medicinal plants and its varied uses.

The Herbarium visit was very good. We got to see actually how it is and how it is preserved. The visits to different departments was useful too as we learn as to how the techniques of using a plant to the medicinal field is done starting from the collection of plant, extraction, identification, selection, detection, analyzing and finally using in the medicinal field.

The first talk given about medicinal plants was very nice and the way sir conducted It was amazing. Especially like the "Zodiac Garden" was surprising as till date I didn't know which plant my Zodiac belonged to.

Overall, the visit was very educational and was very useful and I really liked the hospitality of everyone present here. The compound was very well maintained and clean and also eco friendly

Well kept!



The trip have helped me understand on the vast scope of Botany. It was also very interesting. The most important thing I learn today was that all the day to day use plants, spice and vegetables can be used effectively against any sickness, its all about observing and knowing what is it. Eg. Coconut oil as one of the medicinal plants by one speaker had told us. From digestion to curing a disease we just need an healthy and correct identification of the plants which are told to us by our great ancestors.

I has also taught me that every field is inter connected and are in need of each other eg. Chemistry department, helping to find out the chemical components, microbiology in their own way Bio-informatics etc, all merge and obtained one goal.

I would like to thank all the speakers, scientist and professors who have spend their precious time for us

Thank you

It was a very pleasant experience coming to FRLHT we learnt a lot from all the respectful and knowledgeable guides. It was very informative. The interaction between us and the guides helped in making us feel more comfortable and we were able to come up with more questions. The questions were answered very satisfactorily by the faculties. The environment was very pleasant and everybody was cordial and sincere. Right from the beginning every meeting with each professional was carried out perfectly well. We would sincerely like to thank the team members who took us around to show us the labs, hospital, Garden etc. we gained a lot of knowledge and were enriched with lot of information

Thank you so much! Sumedha

It was a successful day for me, whenever I came here my though of medicinal plants and the property is different. But once I came here, I knew about what exactly medicinal plant and what are the importance. I like that first session then taxonomy, also herbarium, the work of BSI, everything I came to know. For me I can tell it was the wonderful day in my life.

I would like to thank you all the members of the institution they took time from their busy schedule to give us all the information

Rakhi

## **Opinion**

The day went really good. How day passed, we couldn't make out. It was nice visiting to different labs and learning from them and their work, about the usefulness of Ayurveda in our life and got to know lot about the importance of so many plants around us. The environment is very clean and silent. The guides and teachers took very much interest in making us understand the things which we didn't know. It was very much influencing learning procedure was fruitful and labs were nice. Teachers here have wide knowledge and are skilled in their work. The models which they have chosen for their successful result are nice and idea behind it is amazing. Thanks a lot to the whole team and especially suma who gave her entire day to us so that we can fetch something from her. Thanks to the entire faculty

Thank you all! Sumashree

Our trip today was indeed a very informative one. Thank you all for helping us in knowing more about the importance of plants especially medicinal plants.

The whole organization is maintained in a good way. I personally like the infrastructure, laboratories. All the labs are well-equipped. I am looking forward to join here soon and work more on medicinal plants and give my contribution to the society.

All the sessions were good. Thank you for guiding us Sumitha. A

Today I got to learn a lot about the subject I have planned to pursue, being very scared about my future in this field I am very happy to see such enthusiastic, successful people with so many jests for this field of biology. I want to continue my career in botany, specializing in taxonomy, my visit here has encouraged me and has helped me to fine tune my career goals.

This visit was splendid and educational. We enjoyed being here, talking and interacting with all successful people. I would love to come back here for another visit soon. I would like to thank Suma for encouraging our teachers to arrange this trip. I would like to thank everyone else from FRLHT family for their patients and time.

Hoping to visit again Vandana

Thanks to Ved Sir, Shri B.S. Somashekhar, Dr. K. Ravikumar, Dr. Haridasan, Pachai, Dr. Bhat, Narayan Prakash, Tabu, Shilpa, Sumalatha, Sugandhi, Naresh, Madhavi, Suresh, Bala Subramanian, Chandru, Gina, Richa, Ganeshbabu, Revathi, Nagaraj and Canteen team for extending their support althrough.