

# CATALOGUE

2012



Books
CD ROM's
Heritage Amruth
Magazine





An Expression of FRLHT



Developed by

Institute of Ayurveda & Integrative Medicine (I-AIM)
No. 74/2, Jaraka bande Kaval, Post Attur, Via Yelahanka, Bengaluru - 560 106,
www.iaim.edu.in, Online store: www.greenhealer.net

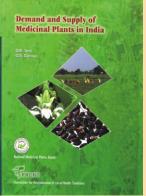
### **Books**

- 1. Glimpses of Wisdom by Vd.Raghavan Thirumalpadu, pages -184, Rs.375/-
- 2. Quality Control of Indian Traditional Medicines -Padma Venkat, Preethi Sudha, Lalitha, pages-134, Rs.150/-
- 3. Demand and Supply of Medicinal Plants in India D.K.Ved Dr.G.S Goraya, pages-216, Rs.1250/-
- 4. Ksemakutuhalam (a work on dietetics & well-being) by Mr. Ksemasarma pages-561, Rs.600/-
- 5. Challenging the Indian Medical Heritage PM Unnikrishnan, Darshan Shankar, pages-241, Rs.600/-
- 6. Photo guide to selected medicinal plants of Karnataka Ravikumar, R.Vijaysankar, GS Goraya, R.Murugan, S.Noorunnisa Begum, pages-111, Rs.200/-
- 7. Grow & use Medicinal Plants for Primary Health Care (Hindi, English and Kannada) G.S. Goraya and B.S.Somashekhar, pages-86, Rs. 75/-

Ksemaku $tar{u}$ halam

- 8. A handbook of Medical- Manuscriptology G.G. Gangadharan, Prof. M.A Lakshmithathachar and Dr. Alwar - Rs. 250/-
- 9. Ayurvediya Padartha Vijnanam -The Theoritical Foundations of Ayurveda Vidyanidhi K. S Kannan Rs. 350/-



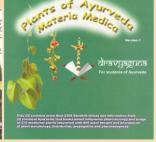


# CD ROM'S

- 1. Medicinal Plants in Unani System of Medicine -Rs. 250/-
- 2. Medicinal Plants in Siddha System of Medicine Rs. 250/-
- 3. Medicinal Plants in Homeopathy Rs. 250/-
- 4. Plants in Caraka Samhita Rs. 250/-
- 5. Indian Medicinal Plants in Trade Rs. 200/-
- 6. Neighbourhood Medicinal Plants of Bangalore City Rs. 200/-
- 7. Medicinal plants of Karnataka, Kerala and Tamil Nadu Rs. 250/- each
- 8. Clinically Important Plants of Ayurveda Rs. 250/-
- 9. Prakruthi- How to Analyse your Body Constitution Rs- 100/-
- 10. Plants in Susruta Samhita Rs.300/- (Releasing soon)
- 11. Astanga-Hrdaya and Astanga-Samgraha Rs.400/- (E-book in Sanskrit)
- 12. Inventory of Plants in Ayurveda Rs. 300/- (Releasing soon)
- 13. Plants in Astanga samgraha -Rs. 300/- (Releasing soon)
- 14.Plants of Ayurveda Materia Medica (Dravyaguna) Rs. 200/-
- 15. Data entry Module for Documenting LHT's Home Remedies, Food and Regimen Rs. 100/-







## **HERITAGE AMRUTH**

A Magazine for Healthy Living, The Natural Way

Heritage Amruth is a bimonthly. It is based upon the idea and philosophy that there is a design, purpose and use in nature. It believes that there is a profound holistic science underlying our health traditions and that we should build upon our heritage.

Drawing out user-friendly information from the traditional treasure house of health care practices, Heritage Amruth presents it in the form of articles and feature stories which address contemporary health care needs. Articles cover healthy diet & lifestyle, growing medicinal plants, home remedies, health care advice, profiles of traditional practitioners, design of herbal gardens and many more. Every issue of Heritage Amruth is focused around a specific health care theme thus serving as collectors' delight for reference and sustained use.

Make Heritage Amruth your reliable health guide!

	Individual	Institution	Foreign
1 year	Rs. 240/-	Rs. 400/-	30\$
5 years	Rs. 1000/-	Rs. 1800/-	90\$
12 year	Rs. 2200/-	Rs. 3600/-	-

#### For more information contact

ERITAGE Amruth